



## **Bridgwater & District Road & Trail Runners Code of Conduct**

The purpose of this Code of Conduct is to uphold standards of ethical behaviour for both coaches and athletes. The components of ethical behaviour are: integrity, responsibility, competence and confidentiality. This Code of Conduct complements, but does not supersede, the Codes of Conduct and stated welfare policies of UK Athletics (UKA) or Association of Running Clubs (ARC).

All club members will be deemed to have accepted the Code and to endorse and subscribe to the principles and responsibilities embodied in them.

### **The Club will:**

- Adopt National policies and codes of conduct in relation to athlete's welfare
- Appoint at least one designated Welfare Officer to act as first point of contact in cases of concern about athlete's welfare
- Ensure that all coaches have appropriate experience and have undertaken the appropriate checks (e.g. DBS), and have access to recommended training in welfare and safeguarding
- Ensure that all Club officers, coaches and volunteers act responsibly and set a good example to all members
- Treat all members equally and fairly, regardless of race, ethnic origin, creed, colour, disability, sex, sexual preference, religion, and political or other beliefs
- Consistently promote positive aspects of Running
- Challenge inappropriate behaviour and language by others
- Place the welfare and safety of the athlete above all other considerations including the development of performance
- Report any suspected misconduct by club officials, coaches, leads or others involved with the Club, to the Club Welfare Officer as soon as possible
- Adopt the UKA and ARC policies and procedures contained within 'Young and Vulnerable Person Protection Policy'

### **All coaches, leads and volunteers will:**

- Consider the well-being and safety of the runners before the development of performance
- Develop an appropriate working relationship with the members based on mutual trust and respect
- Make sure all activities are appropriate to the age, ability and experience of the members taking part
- Promote the positive aspects of Running
- Display consistently high standards of behaviour
- Follow all guidelines laid down by the Club
- Never condone the use of prohibited substances or inappropriate language

### **All Club members will:**

- Treat others with respect and fairness
- Show patience with others and respect diversity and ability
- Be courteous to other members, coaches, competitors and race officials at all times
- Ensure their behaviour during club runs, representing the club is dignified and does not cause offence to others

# BAD RAT



## R U N N E R S

- Remember that they are a representative and ambassador of the Club at all times, and as such, the Club as a whole may be judged on their actions as an individual
- Never use abusive language or physical aggression of any kind at any club run or organised event, or deliberately distract others while they are competing
- Wear high visibility clothing for outdoor winter training
- If out on the road always be aware of moving traffic, respect others including pedestrians
- Ensure that payment of annual membership fees is made promptly

BADRAT Runners is fully committed to safeguarding and promoting the well-being of all its members.

The Club believes that it is important that members, coaches associated with the Club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the Club with any Committee member or in confidence with the Club Welfare Officer.